



Parkside  
Family Counseling, LLC

# Parkside Pride

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## Dates of Note:

- November 22nd – HAPPY THANKSGIVING! – Office Closed
- November 23rd – Office Closed
- December 6<sup>th</sup> – Parkside Open House – 5-7pm

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## Our Parkside Family Continues to Grow!

### Welcome to Braxton!



October 28, 2018 – Weighing in at 8lbs and 7ozs  
Congratulations Brandi!

### Welcome to Jax Matteo Peralta

New grandson for Vicki Hall on November 7 – Congratulations Vicki!

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# **Improve Your Practice**

## **Requirements for CEU's**

The great news is you all have a license to see clients as part of our Parkside Family!

The good news is you get to continue to develop your skills as part of your on-going self-improvement plan.

So as the end of the year approaches, please remember the Parkside requirements of 15 practice appropriate CEU's of your choice annually. Additionally if you see CMH clients the full requirement is 24 CEUs.

Remember there are plenty of free opportunities at [www.improvingMIpractices.org](http://www.improvingMIpractices.org) . We also maintain many webinar and seminar flyers on the bulletin board in the office.

## **From the Parkside Office:**

### **Adrian Public Schools Families in Transition**

Monica Flores is leading a program this year in conjunction with the APS Families in Transition team to supply gifts, clothing and other necessities to families in each of the schools, those that are in states of transition – homeless, or living with others etc. Monica has a list of families and their needs. If you would like to be involved by either shopping, donating or adopting a family, please contact Monica at [florem@umich.edu](mailto:florem@umich.edu) or Kathleen in the office.

### **Holiday Party!**

We have chosen December 6<sup>th</sup> from 5 pm to 7 pm as the date for our annual Holiday Open House – Please plan your appointments around that time and date. And definitely plan on joining us for the fun. Official invitations will be going out this week – please let us know if you have a Parkside partner you want to be sure we include.

### **Interns at Parkside**

At Parkside we are lucky enough to have interns working with us every day. If you are interested in working with an intern with your clients or on other projects, please contact Mike to help you determine who would be a good fit to work on your project and work out availability to work with you.

### **Dial a Ride Tickets**

We are now keeping Dial a Ride Tickets in the office for use by any clients you have that need assistance with their travel – primarily to and from appointments at Parkside, Please let Nathan or Kathleen know if you have a client that has a need.

## **Clients with Mobility Issues**

If you have a client with mobility issues and would like to meet with them in a downstairs room remember to book one of the three in the Maumee house – Bryce, Denali and Caribbean – to accommodate them. If those rooms are booked, feel free to contact those who have them booked to see if they are able to move, or contact me and I can look into a shuffle.

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## **Life at Parkside (during COA!)**

Our quality improvement processes are moving along so incredibly! It is good to see all the progress being made and the wonderful new ideas that are being discovered as we discuss our processes.

## **Progress on Department Change Initiatives**

- Schools Improvement Plan: Alicia and her great team have finalized all forms and created standardized files for students. They have implemented their plan and will conduct their assessment in January at the end of the semester. Congratulations for a great process!
- Out-Patient Improvement Plan: Our interns, Caitlin Young and Hector Gonzalez along with Kathy have been working on our new resources – there are shelves in the Caribbean room that will contain resource books, along with the filing cabinet and of course our computer located there that can be used to help clients research what they need and file job applications if necessary. Caitlin Young has completed a new mental health resources guide for the office which we use to refer clients to other agencies when necessary due to space or insurance coverages. Please continue to let Kathy know if you find or have resources you think would help others.
- Intensive-Home-based Therapy Improvement Plan: The IHT staff is creating a process to ensure that all services are delivered meeting the evidence based model. They have created a new checklist that will be used in the IHT peer consult for each open IHT case to ensure compliance. They are well into the change portion of their plan and are further refining the process.
- SUD Improvement Plan: Therese and Vicki have officially split the large SUD group for a portion of their Thursday midday meeting. Next steps will include determining how the split is going, what the make-up of each group should be and discovering what is working best for the clients through a robust assessment and reflection process.