



Parkside
Family Counseling, LLC

Parkside Pride

Dates of Note:

- **October 18th – CMH Audit**
- **November 9th – Noon - Advisory Board Meeting**
- **November 13th – 11am - Sharing Hour in Wexford**

Welcome to Parkside!

Theresa Rupley:

Please join us in Welcoming another former intern to Parkside officially! Theresa will begin seeing clients here soon, when she has time from her full time job with the courts. We love having our interns stay on and are very excited to have Theresa continuing to see clients at Parkside.

Improve Your Practice

Help us build our Community Resource Library

As part of our performance improvement process we are developing a centralized resource cabinet to be housed in the Caribbean room. Eventually we will also add on a lending library for resource books. Our goal is to provide resources that will be beneficial to all therapists. As a starting off point we will designate each of the four file drawers to one global topic. We need your input on what areas you would like to see included and also tools you might have that may find a home in our new resource library.

The four drawers will include:

- **Community Resources:** Food banks, housing help, psychiatrists, DHHS/Medicaid, social security information, physicians, Michigan works...

- **Adult Resources:** Anger management, self-esteem building, eating disorders, LGBT, past traumas, abuse
- **Families:** Children, teens, parenting, Love and Logic, communication, boundaries, abuse
- **Relationships:** Resolving conflicts, identifying goals

Obviously there may be some overlap between the files, this is indeed a work in progress. We are seeking between 12-20 topics in each drawer.

Please send your suggestions, worksheets, handouts, etc to Kathy Betzoldt at betzoldt@cass.net, or to the Parkside email at parkside@parksideforfamilies.com. You can also leave paper copies with our interns Caitlyn or Hector (boxes located in the office) who are assisting with this project.

Thank you for your support,
Kathy Betzoldt

From the Parkside Office:

Update on the new provider weekly logs!

Thank you all so much! We have achieved our goal of 100% compliance. Your help has been greatly appreciated in getting your logs turned in correctly and timely. Look for your thank you in your mailbox!

Report of Actual or Suspected Child Abuse or Neglect – DHS-3200

At our bi-weekly PQI meeting a discussion of the contents of client files and review of best practices has revealed that the reports submitted to DHS for suspected abuse should not be kept in the client file. As a result we are asking that when you submit a report, the original along with the proof of fax be left in Kathleen's box. We will create a file for these and will match them with the response letter received from the state. You will be given any out of the ordinary feedback we receive. Please let Kathleen know if you have any questions or concerns.

New IHT Room

You may have noticed that Antrim, upstairs on McKenzie is no longer available for booking during the day. That is a result of the IHT group moving there from their previous hang out in the Caribbean room. With the influx of new interns, more privacy and space was needed, so we have created one in Antrim. The closet now locks and there is table space in the room. Check it out!

Locking Up

Please remember to lock up our homes as you leave – all doors locked, inside lights off and outside lights on! Thank you!

Life at Parkside (during COA!)

Progress on Department Change Initiatives

- **Schools Improvement Plan:** The school social workers have now been back at work for over a month and have begun implementing the new forms they developed in their plan. The Business Office will start feeding prepped files to the school staff shortly. Feedback is being collected and they will be reviewing to determine what other changes may be necessary before they refreeze.
- **Out Patient Improvement Plan:** See the update from Kathy above and the request for your input!
- **Intensive-Home-based Therapy Improvement Plan:** The IHT staff met with PQI to discuss simplifying record keeping systems to ensure adherence to evidence -based practice. New record keeping and review procedures have been implemented to track court as well as DHHS cases. The group is doing the tracking during team meetings which improves transparency and helps in sharing progress and outcomes.
- **SUD Improvement Plan:** The SUD staff had their first meeting to discuss the plans for splitting the adult group. The process is still evolving, but will include a plan to make the group meetings – which have grown to about 14 participants – more manageable for the leader and more participatory for our clients. This change process has been very sensitive since it involves a group of our clients who have developed a lot of cohesion.