



Parkside
Family Counseling, LLC

Parkside Pride

Dates of Note:

- **September 20, 2018 – CMH Audit of Mental Health Clients.**
- **September 4th – Welcome back to the Adrian Public School Social Workers – Wishing you a great school year.**
- **September 22, 2018 – Don’t miss Joe Baker with the Chiaroscuro Community Men’s Chorus in concert at the First Presbyterian Church of Adrian at 1:00 PM.**

Good News!



The Parkside Family has grown!

Nathan and Amber Marks added Franklin to their family on September 6, 2018 AND Caitlin and Shaun Young added Hugh to their family on the same day – a set of Parkside twins!

Congratulations to all of you.

Welcome to Parkside!

Beckie Brewis:

Please join us in Welcoming our former intern Beckie to Parkside officially! Beckie will begin seeing clients here soon, when she has time from her full time job with Highfields. Beckie's specialty is infant and toddler mental health so she will be helping us out with some of the very young children we see. We are very excited to have her continuing to see clients at Parkside.

Improve Your Practice

Primary Care Physicians are Good Partners in Care

You've probably heard (or used) the term "holistic approach" before. It implies that as a health professional one is concerned with a client's wellbeing whether mental, emotional, social, or physical. This approach makes sense if one is seeking balance in life. I'm sure you'll agree that by the time we first meet with our clients their lives are frequently out of balance. One of the most important things you can do to help your clients retain balance is to ask them about their physical health. Ask if they have a primary care provider (PCP) and if they would like you to speak with their provider. The pre-assembled files we provide include a release of information for your client's PCP. It includes check boxes for your client to either agree to share information with their PCP, or to decline. This provides you with an easy way to make your practice more holistic and to bring more balance to your clients' lives. I encourage you to use this avenue. Fostering partnerships with other caregivers strengthens your client's safety net and encourages collaboration in the future.
---Anne E.

From the Parkside Office:

Update on the new provider weekly logs!

Thank you all so much – we have made great strides in using the new logs and getting them turned in weekly. Look for a slightly updated version later today fixing some of the formatting on the electronic version.

Subpeona's received at Parkside

Please be sure we have a copy of any subpoena you may receive at your home or by email (beware, those are not official!) so we are aware of any outstanding court action that may impact Parkside.

Life at Parkside

Progress on Department Change Initiatives

- Schools Improvement Plan: The social workers at the schools, led by Alicia with a great deal of help from Christina and Monica have worked very hard to reorganize, revise and renew all of the case file documentation they use at the schools. The project is a big undertaking and is reaching about 50% complete.
- Out Patient Improvement Plan: The outpatient plan, led by Kathy Betzoldt is two-fold. To create a catalog of resources therapists can use to enhance their practice and to create a community resource file with up-to-date information of services offered in Lenawee County. An area has been identified to keep the catalog – in the file drawer currently in the kitchen, but soon to be relocated to the Caribbean room – and the project will begin taking shape further as information and resources are gathered. If you have suggestions, please contact Kathy.
- Intensive-Home-based Therapy Improvement Plan: Our IHT staff is working on ensuring their program model adheres to all aspects of evidence based best practices. They will be meeting with the PQI Committee on September 25th to move forward with their planning.
- SUD Improvement Plan: The plan for the SUD staff is to implement a new group in the evenings. Vicki will be reporting back on their progress.